

CARDIFF COURIER

Vol. II, No. 7

and Wilberforce News

April 6, 1995

Tupperware Party for Community Policing

by Ann W. Smith

The Bicroft-Cardiff Community Policing Committee sponsored a Tupperware Party in the Cardiff United Church Hall on the

evening of Thursday, March 23.

The purpose of the Party was to raise funds for the production of a Crime Prevention

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Ballet Wins the Hearts of Bancroft

By Stewart Smith

Ballet won the heart of the people of this area as the result of an exciting performance, on Monday evening, March 27, by the Ontario Ballet Theatre, of Toronto, in the North Hastings High School auditorium.

"We're mostly on the road," notes Annabel Helmore, Artistic Director of the Ontario Ballet Theatre. "Our main objective is to introduce dance to Canadian audiences." Thus the company tours towns large and small in Ontario and Quebec,

bringing to each the experience of a live dance company on the home-town stage - or gym floor.

However, there are two performances of this company, in Toronto, this Friday and Saturday. They are in the Betty Oliphant Theatre, Jarvis Street, on April 7 and 8.

Annabel Helmore explained each number of the show in Bancroft, before it was presented.

Beginnings, was a spectacular introduction. Classic - Contemporary

See page 6

Monmouth Figure Skating Carnival

By Stewart Smith

"We did it!" exclaimed Executive Coach Lynda Whitefield. "We proved to ourselves that we could do it! We proved to them that we could do it!"

"It" was the Monmouth Figure Skating Carnival, held in the Arena in Wilberforce, on Saturday evening, April 1.

If front of a crowd filling most of the seats the Skating Club put on a show of which everyone can be proud. This writer's notes contain, "Some good talent... Obviously hard working club. ...graceful and talented... Great show. Crowd realizes she is good."

Many of the Seniors (experienced skaters) in the Club presented solos. There was: *Meghann Agnew, *Crystal Alden, *Jennifer Dunford, *Sandra Dunford, *Mandy Fideau,



Guest Skater Thera Simioni with Novice III and IV skaters Veronica Ablett, Stephanie DeCarlo, Patricia Dewey, and Kate Foulds.

*Lisa Finlay,
*Lindsey Logan,
*Tracey Nottage,
*Don Watson,
*Tanya Watson,
*Cindy Vaughan.

See page 8

Wilberforce Legion Honours Public Speakers

By Stewart Smith

Public speaking contest winners in the Wilberforce area were honoured by the Legion, Branch 624, and presented with certificates for their accomplishment at the Branch level.

These young people, from the Wilberforce Elementary School and the Messiah Christian Academy, had been contestants in the Wilberforce and area Public Speaking contest in the Lloyd Watson Cen-

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Keith Cameron Memorial Bonspiel

By Stewart Smith

Twelve teams entered the Keith Cameron Memorial Bonspiel, held in the Wilberforce Curling Rink on Saturday, March 25. Keith Cameron was a founding of

the Wilberforce (now Monmouth) Curling Club.

This was a men's bonspiel, in which each team played 3 games of 8 ends. Organizer was Club President, Jack Ward.

Food - roast beef

- was provided during the day by the ladies of the Monmouth Curling Club.

"As usual, I had a ** of a good time," commented one skip, during the awards presentations in the

evening.

"We'll be back next year," promised another.

Teams came from Bancroft, Hillsborough, Lindsay, Little Britain, and Minden, as well as Wilberforce and area.

Bonspiel winner - high 3 game - was the Wilberforce team of:

* Roy Bridge,
* Don Meharrie,
* Rick Forget, and
* Don Fleming.

Second place winner (three game second highest) was the Minden team of:

* Neil Burk,
* Brian Crowder,
* Harold Cowan, and
* Ross Petch.

Third place (high two game) winner was the Bancroft

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High three game winners at the Keith Cameron Memorial Bonspiel are the team of Roy Bridge, Don Meharrie, Rick Forget, and Don Fleming.

Directory Is Ready

Haliburton County Information Centre

The 1995 edition of the Haliburton County Information Directory is ready for distribution and available at the Haliburton County Information Centre.

The Centre provides a Volunteer Registry for the County of Haliburton. We can match your expertise and talents to an agency in the county for a mutually rewarding and gratifying experience. In this age of

fiscal restraint volunteers are one of our most valuable resources and desperately needed in every capacity. Let us assist you in exploring your role in the volunteer community.

You can access the services provided to the community by the Haliburton County Information Centre Inc.:

in Haliburton, on Maple Avenue, (705) 457-2733
Mon - Fri 10:00 a.m. - 4:00 p.m.
The office is closed from 12:00 to 1:00 for lunch.

Bicroft Township Council



Reeve Bill Howe (standing, left) welcomes Chris Hodgson, M.P.P. (standing, right). Around the table are: Councilor Gary Simmons, Clerk-Treasurer Sandra McColl, Councilors Wm. Stevens, Kim Vardy, Sindi Reber.

By Stewart Smith Bicroft Township Council met on Wednesday, March 22, with all members present.

CHRIS HODGSON Their guest at Council later the beginning of the meeting was Chris Hodgson, M.P.P. for Victoria-Haliburton. Discussions included Bill 163, and the Gun Control Law. He told of his Private Members Bill regarding the Gun Control proposals, and proposed, "They're trying to solve a social problem with a technical solution." He ridiculed the idea of punishing duck hunters to control street crime. He added, "We have some of the tightest gun control laws... They don't enforce them."

sisted. "We've got to figure out what (it) should be doing - and do it well." He emphasized Health Care, Classroom Education, and Law Enforcement as priorities for government. He referred to the P.C. Platform, which was "Put out a year ago, to get credibility."

He spoke of his Haliburton home, and office phone: 1-800-424-2490.

BART INDUSTRIES

Chris Hodgson, and the Bicroft Council spoke quickly of the idea of turning the former Bart Industries Building into a Recycling Plant

COMMUNITY CENTRE Bicroft Infrastructure money will be used partly for the Community Centre. This will be treated to new insulation and siding. A new shape to outer walls will draw water away from the structure, solving a present problem.

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American Cocker Spaniel puppies
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MONMOUTH TOWNSHIP NON-PROFIT HOUSING CORPORATION

MAPLE VIEW

The Monmouth Township Non-Profit Housing Corporation is pleased to announce that construction of its townhouse and apartment units is nearing completion. Some units will be for rent at prevailing market rates and others will be available on a rent-geared-to-income basis. Wheelchair accessible apartments are available. The buildings are expected to be ready for occupancy by May 1, 1995.

Applications for accommodation are available at the Monmouth Township Office, or you may request an application by writing,
c/o Box 70, Wilberforce, Ontario. K0L 3C0.

Additional information may be obtained by calling Kathy Walsh at (705) 448-3652.

Women's Self Defence Course

Maggie's Safe Homes Program

Maggie's Safe Homes Program is holding a Women's Self Defence Workshop on Thursday, April 27th at Club 580 in Bancroft from 8 am to 5 pm. Greg Magwood of Tweed will teach the one day course

which was designed using feedback from women survivors of violence. He has a background in martial arts.

This workshop was well received by CFB Trenton Family Services and Tweed Area Community Care. It gives women a safe place

to explore personal defence in a positive way.

Cost is \$30 (or less based on income) including \$10 registration deposit. Please bring a bag lunch. For more information, contact Glenda Welsh or Shirley Puttock at Maggie's at 613-332-3010.

HOSPITAL ADMINISTRATOR PRAISES VOLUNTEERS

by Ann W. Smith

Donna Robinson, Administrator of the North Hastings District Hospital in Bancroft, praised the work of the Hospital Auxiliary volunteers at the March meeting in which she installed the new executive.

"Small hospitals could not survive without volunteers," she told the members.

Their role up to the present has been mainly working in the front office at weekends and on staff holi-

days, as well as would provide conducting numerous fund raising activities to pay for equipment and furnishings.

Now Robinson sees an enhanced role in which the volunteers will have more close contact with the patients. She would like to see volunteers spending time with the patients, especially those who have no one to visit them.

Suggested activities are reading to them, writing letters for them, or just visiting - anything that

conducting numerous fund raising activities to pay for equipment and furnishings. records put on computers. The Ministry of Health requires this to be completed by January 1996. The Medical Records Department is now called the Health Records Department. This keeps a record of all the patients, what treatments were given, types of patients and the areas they come from.

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Many Attend St. John's Lunch

By Stewart Smith

"The turn-out was pretty good," agreed Griffith and Tina Lloyd, organizers of the St. John's Helpers Luncheon, served to the public at the noon-hour on Friday, March 24.

Guests were served cafeteria style, with a large bowl of home made vegetable soup with beans; and their choice of sandwiches: salmon, egg, ham, or tuna; and, of course, tea or coffee. There was a choice of pie to go with the meal.

Guests then sat at one of the tables for six, to enjoy their food and fellowship.

"I've never seen

a church with ladies working like these," added Griff Lloyd. Every lady has her job, and goes at it efficiently. "There is never an argument," Mr. Lloyd added admiringly.

Money raised by the St. John's Helpers will go towards the Drive-way Project of the

church. A new driveway can take people - in their cars - up the steep slope to the front steps of the church.

The financial goal for the ramp is \$18,859. So far (before the Luncheon money was added) \$14,700 of this had been raised.



Griffith Lloyd, co-supervisor of the St. John's Luncheon

Easter Greetings
from
Ridgeview Restaurant
Harcourt

Olympic Competitor Clay Ives Visits at His Home Near Bancroft



Clay Ives at the Luge starting gate. Photo by SKS/Seelmann, of Germany. Used with permission from Clay Ives.

By Stewart Smith

Clay Ives, a Canadian competitor in the 1994 Winter Olympics in Lillehammer, Norway, was home to visit his parents on the week-end of March 25. Clay's parents are Paul and Linda Ives, who live a few kilometres east of Bancroft, and who also operate the Mineral Luge Club track on their property.

Clay is a Luge competitor. At the Olympics he came 20th in the Singles Luge. He and his partner, Bob Gasper (now retired) came 8th in the Doubles Luge. Visiting the Ives with Clay was his friend, Coreen Putman, of Calgary (born in Ottawa, raised in Calgary). She attended 3 years at the University of Calgary. At a Community College she is

continuing her studies in Fish and Wildlife. Clay met her at her summer job as a waitress at The Red Lobster Restaurant, a favourite of sports people in the Calgary area.

Clay Ives was back to Lillehammer in February, 1995, for the World Luge Championships. "I finished 18th," he reported with a

little disappointment. However, "I finished 7th overall in the team competitions."

Clay has competed in 8 races this past winter; and has finished 16th overall in the world, with 101 points. "That's the best Canadian finish ever," he adds. "My goal is to stay in the top 20."

He now must work on his start time. "I don't lose time down the track to anyone." If his start time improves, he will move up dramatically in world standings. "Next year I'm hoping to be 5th to 7th."

At the next Olympics - in Nagano, Japan, in 1998, he promises, "I'm going to eat the Olympics up."

Clay was in Ontario partly to relax, and partly to solicit major sponsors. He tells of Corporate Sponsors Threadtech, and Sun Ice.

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Hospital Emergency Department Procedures

North Hastings District Hospital

You may remember an article (the Courier, Jan. 5, 1995) regarding a doctor shortage for North Hastings District Hospital.

The hospital and medical staff have been working on a solution to be able to continue to provide 24-hour physician coverage for the Emergency Department.

In the past the Emergency Department has been abused. It has been used as a convenience and not for emergencies only. The solution will require the co-operation of our community who use the Emergency Department.

I will outline the Program that has been put into place and will be implemented April 1st, 1995.

TELEPHONE ADVICE & TRIAGE SYSTEM
A manual of medical advice has

been compiled and is supported 100% by our local physicians. This information is to provide consistent accurate advice to clients requesting medical help by phone, or when they physically come to the Emergency Department.

All calls will be documented; patients will be assessed, and prioritized re urgency, for treatment.

The following criteria will be used to determine urgency:

(1) Emergent.

Condition requires immediate medical attention; delay is harmful to patient; disorder is acute and potentially threatening to life, limb or function. Medical care should be available within 15 minutes.

(2) Urgent.

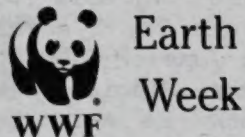
Condition requires medical attention within a few hours; there is a possible danger to the patient if medically untreated; disorder is acute, but not necessarily severe. Medical care should be available within two (2) hours.

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Earth Day - Whatever Happened to Arbour Day?

By Ann W. Smith

In days gone by a day in spring was set aside as Arbour Day. The school children would spend the day cleaning up the school yard and planting trees.



Earth Week
WWF

Now we have Earth Day, April 22. This seems to have the same purpose, to raise the awareness of people generally as to the necessity to look after our environment.

We spring clean the out of doors, picking up garbage that has accumulated under the snow

during the winter along the roadsides, and raking up the dead grass and leaves in our yards and gardens.

One organization that promotes Earth Day is World Wildlife Fund. The purpose of WWF is to conserve and protect biological diversity - defined as the natural wealth of life on earth.

April 22, 1995 will be the 25th Anniversary of International Earth Day. This is now a globally recognized celebration. The World Wildlife Fund Canada has expanded it into Earth Week, spanning April 17 to 23.

Groups and individuals use many

ways to raise funds and awareness for the protection of wildlife and wild places.

A man in Milton, Ontario rides his bicycle from Milton to Burlington and back. Along the way he picks up beer bottles and cans littering the sides of the roads. He then collects pledges based on the amount he will raise from the return of these recyclable items.

Other ways to raise funds are imaginative and numerous. There are marathons, walkathons, walk-a-dog-athon. There are Best Foot Forward events in

which people walk up Signal Hill in St. John's Newfoundland, or climb the CN Tower in Toronto or the Calgary Tower.

Funds donated to the World Wildlife Fund are used for various projects such as the Endangered Spaces Campaign, Canadian Endangered Species Program and the Wildlife Toxicology Program.

The WWF Canada distributes to its supporters the annual List of Canadian Endangered Species and Other Wildlife at Risk.

In the Spring, 1995, issue of Working For Wildlife, WWF Canada reported that between July 1, 1994

and January 31, 1995 they had funded more than 80 projects worth \$1,953,765.

World Wildlife Fund Canada welcomes enquiries and can be contacted by calling 1-800-26-PANDA, or writing World Wildlife Fund Canada, 90 Eglinton Ave. E., Suite 504, Toronto, Ont. M4P 2Z7.

On April 19 they will release the annual Endangered Spaces Progress Report. This is a comprehensive look at the state of wilderness protection in Canada.

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GUEST EDITORIAL

By Paul Whittaker,
R.R. 1, Gilmour. K0L 1W0

The Federal Budget just released has really altered the things which made Canada different from the U.S. The bonds that have held this country together over the years have in effect been cut half through.

Gone is the Canadian National Railway, to be sold off and probably headquartered in the U.S. since much of its trade is north - south.

Gone PetroCanada.

Gone the Crow's Nest rate that helped the prairie farmers.

Slashed once again the C.B.C. - too much even for Anthony Manera, the President, who resigned immediately.

The new system of funding health, education and social services means that the federal government now gets off the hook each time it passes on cuts. Because of the block funding it is now up to the provinces to decide which operations each can afford or not. Private clinics will spread across this land to provide health care for the rich; the rest will be at the mercy of each successive provincial government. Will the voters approve of this buck passing? Would they, for instance, think highly of Queen's Park if they in turn simply passed on the brunt of its cuts to the municipalities?

It is worth mentioning that at the present time the corporations owe you and me forty billion dollars in deferred taxes; that their profits were up 46% last year; and while we cannot afford to pay federal meat inspectors any more, we can still use tax dollars for those \$250,000 each boxes at the domed Stadium for entertainment.

Canada, unlike the U.S. and Britain, still has not imposed an inheritance tax. Even starting at one million dollars, (estates with less than that would be exempt) would bring in several billion annually, and would only be levelling the playing field for the rich.

One thing you and I can do is to invest savings and R.R.S.P. money locally by buying Ontario Savings Bonds instead of Offshore mutual funds. Then the investment stays here. I believe that the only form of tax free R.R.S.P. permissible should be Government bonds and Treasury Bills.

By using the Credit Union instead of the big five banks, your money is re-invested back in the local community, not in Singapore. It is also less likely to contain derivatives: the whiz kids' investment toy, which has caused the bankruptcy of Confederation Life, Royal Trust, Bearings Bank, Orange County (the richest County in America) and which will cause many

FLO ELLIOTT WRITES FROM WILBERFORCE

SPRING CLEANING

No words strike such terror into the hearts of husbands as those two words, "SPRING CLEANING"!

The entire household will be in a turmoil for days. It will be impossible to find anything, because it has either been moved to a new spot or is being cleaned to within an inch of its life.

Beds are stripped; and all the covers have to be washed and hung out on the line in the "lovely spring breezes" to dry. That night you find yourself rooting through the linen closet to find something to sleep under, because those "lovely spring breezes" didn't do their job. In fact they leave your blankets so cold and damp, you risk pneumonia just thinking about them.

Painting, Heaven knows, is bad enough. But wallpapering can make one wonder why walls were ever invented. If you can get the wet, sticky sheet of paper on straight, as soon as you turn your back, it will curl, buckle, and come right off again. You will invariably put your foot through it before you can get it up again. For some reason, if you happen to get it crooked, or the pattern is a little off, it will cling to the wall and it almost takes a blow-torch to get it off again.

And have you ever noticed? As soon as the house looks like a disaster area - with everything from the cupboards strewn around, and things wet with paint, all the curtains down and with hardly a square inch of free space to sit on - you will get a call from a friend you haven't seen for

months who would like to drop in to see you.

Now, this is a lady whose house looks as if it should appear in Good Housekeeping. She vacuums morning and night, and one spot of dust wouldn't dare land on anything she owns. Her idea of a mess is her dirty cup and saucer after her cup of herbal tea.

Thinking fast, and quelling your conscience with a stern look, you tell her everyone in the house is down with the flu, which is threatening to turn into the Plague at any moment.

I wonder if people spring clean in parts of the world where there is no winter: like Hawaii, or in the Arctic, where spring comes and goes so fast they are not sure they have had one. Perhaps it is only part of the North American culture. Maybe after the long winter months we are trying to move on to better weather as soon as we can.

Thinking thoughts like this, you can struggle on - and on - until, at last, order is restored. The windows are sparkling, and fresh curtains are hung. The cupboards are so neat you can hardly believe they are yours. The walls are bright with new paper and paint. Your sheets and blankets actually make your bed smell like those "lovely spring breezes."

Now when it all comes together, doesn't it seem like a good idea, almost fun?

Well, O.K., not fun. But at least you feel relieved that you have survived with your family and mind intact from another SPRING CLEANING!!

Cancer Society Tea

by Ann W. Smith

Two United Church Women's groups joined forces on Saturday April 1 to serve a Tea in Cardiff United Church Hall to raise money for the Canadian Can-

cer Society.

The ladies of Cardiff United Church, President Ruth Rosenblath, and St. Mark's United Church, Paudash, President Gertrude Shoudy,

See page 5



Bill and Flo Elliott with grandchildren, Lauren, and Cameron Karl Elliott.

more collapses in the near future.

Lastly the Finance Minister has little credibility so long as his shipping fleet remains flagged in Panama to avoid Canadian laws and taxes. Returning the Canadian flag to those ships would indeed be a turning point: a little less greed and a little more caring.

Clay Ives from Olympics

Continued from page 3

Then he describes a major personal sponsor, Nulogix, a subsidiary of I.B.M.

"I want to represent Ontario," Clay insists. Thus he is looking for Ontario based sponsors.

"I'm a carded athlete," with a B Card, he adds. This gives him a (Federal) Government subsidy of \$550 a month.

Clay and Coreen are going to Florida for two weeks in early April. This is their holiday, before the 1995-1996 season begins.

When they return he must get back to his weight lifting exercises,

and flexibility training. He will also be able to train for 2 weeks in June or July at Lake Placid, New York. He wants to be in peak shape at the beginning of the new season, maintaining, "The first World Cup is as important as the last."

Clay recalls a commercial he did for Hollywood Chewing Gum, of France. The script called for someone in a body cast to dream that he was zooming down a luge track - in the body cast. "It paid well," recalls Clay, of his trip down the track, at 70 miles per hour, in a full body cast.

Life Skills Workshop

Women! Do you need to develop self confidence, know more about your rights and how to budget?

Tamarack Women's Centre is offering three life skills workshops for women starting the end of April:

- * Assertiveness Training,
- * introduction to the Women's Movement, and
- * Surviving on Low Incomes.

Each class is 3

mornings a week for 2 weeks. We can help you with daycare and mileage costs. Car pools may be available. There is no fee for the course (funded by Ont. Women's Directorate) but regular attendance is required. You may take one, two or all three of the courses. To find out more, call Tamarack Women's Centre at 613 332-1878.

Hospital Volunteers Praised

Continued from page 2

At present there are 2 terminals. As well as the ones in the front office there will eventually be terminals in the other departments - physiotherapy, x-ray, emergency and the nurses' stations.

Most of the in-patients are already on record. The staff is now

working on the out-patient records.

Donna Robinson also reported that site preparation has been started for the new x-ray machine. They are hoping to have it ready by early May so that the staff will have become familiar with it by the long week-end in May.

Cancer Tea in Cardiff

Continued from page 4

served tea from 1 to 3 p.m.

Tea or coffee was the beverage with sandwiches, pickles, cookies and cakes to eat. There was a cup on each table for a free will donation.

Daffodils were sold at a separate table at \$4 for a bunch of 8 or 9 flowers.

The Cardiff Tea, including the daffodil sales, raised \$275 for the work of the Canadian Cancer Society.

April is Campaign Month for the Canadian Cancer Society and that is when we see the yellow daffodils for sale in the stores and banks at the beginning of the month.

Reg Peters is the organizer of the Campaign for the Bancroft area.

The sale of daffodils this year raised \$3716.50 in this area.

All the daffodils for the Canadian Cancer Society are picked on the west coast early in March and sent across the country from Vancouver.

About 500 to 600 people do the picking. The flower buds are kept dormant by being kept cold. The Bancroft workers keep the flowers cold at the Beer Store until it is time to sell them.

Canvassers are going round from house to house to raise money during April.

Another fund raising event during April is a concert by 2 choral groups which are coming from Peterborough to sing at the Bancroft Legion Hall on April 22.

There was a Curling for Cancer event in March. There will be darts for Cancer in Coe Hill. A bake sale in June is held outside usually on a lawn on Hastings St. N.

The Cancer Society welcomes donations any time of year.

A breakdown of how the money is

by Ann W. Smith

The Heart and Stroke Foundation and the Hastings and Prince Edward Counties Health Unit sponsored 2 tours of the Bancroft IGA led by a dietitian, one on Monday evening March 20 and one in the morning of Tuesday March 28.

The Registered Dietitian who conducted the tour is Susan Martin. A resident of Bancroft, she is the dietitian for the Diabetic Centre that is held at the North Hastings District Hospital one day a month.

The emphasis of the tour was to show how to interpret the information on labels on packaged foods.

Martin began by stating that all foods should be taken in moderation.

She talked about Canada's Food Guide to Healthy Eating published by Health and Welfare Canada in 1992. This is based on the results of the most recent research in nutrition and combines advice from all organizations concerned with healthy eating habits.

The basic changes from Canada's Food

used is given in their pamphlet: Research-47%, Patient services 22%, Education 18%, Fundraising 7%, Administration 6%. Most of the work is done by volunteers. There is one paid person in the Belleville Unit (Bancroft is a Branch of the Belleville Unit). The drivers who take patients to hospitals in Toronto, Kingston, etc. are only paid a small amount for mileage. They donate all their time.

"Good Nutrition" Tour Through Bancroft I.G.A.

Rules are: recommendations to increase the proportion of fruits, vegetables, bread and cereals eaten, and to limit the quantity of fat, alcohol, caffeine and salt in the diet.

The tour began in the section with jams. The first ingredient listed on the labels is the one with the largest quantity in that product. The "ose" ending on a word indicates a type of sugar.

In some peanut butters the word "lite" was used. From reading the label it was apparent that some of the fat had been replaced by water. Martin suggested that we eat less of the regular food instead of using the foods labelled "lite" to cut down on the amount of fat in the diet.

Quite a lot of time was spent in the section with oils, and later, in the margarine section.

Oils and margarine are made from vegetables and have no cholesterol. Cholesterol comes from animal fats. However they do have calories.

Martin suggested that we should change the oils we



Susan Martin, Registered Dietitian, describes what to look for on the labels of margarine.

use from time to time to get the different kinds of fat. Monounsaturated fat can help lower cholesterol in the body, while the body makes cholesterol from some other fats. Saturated fats are hard and are found in meats and in palm and coconut oils.

A suggestion for home made salad dressings was to use olive oil and vinegar. Thick dressings can be thinned with lemon juice or water.

Hydrogenated fats

are oils that have been processed to harden them. These are found in margarines. Look for monounsaturated and polyunsaturated fats on margarine labels. If the total of these is 6 or more it is a good choice.

Meats low in fat should be chosen. Ways of cooking foods can add fat. Saute in water or stock instead of oils.

Martin suggested that one vegetarian meal a week

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The Corporation of the Township of Bicroft

Request for TENDER

TENDER FOR RENOVATION OF THE COMMUNITY CENTRE AND FIRE HALL IN CARDIFF

TENDER DOCUMENTS

Specifications are available from the municipal office 9:00 a.m. to 3:00 p.m., Monday to Friday

PROJECT NO. M4961002

The project involves renovation of the community centre and fire hall building by installing insulation, strapping and steel siding.

ADDRESS

Sealed tenders will be received by: Sandra A. McColl, A.M.C.T.

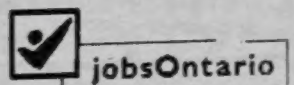
Clerk-Treasurer
Township of Bicroft
Box 160, Monck Road
Cardiff, Ontario

CLOSING DATE

3:00 p.m. Local Time, Wednesday, April 19, 1995

Lowest or any tender not necessarily accepted

This project is funded through the Canada/Ontario Infrastructure Works program



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Ontario Ballet Theatre "Wows" Us

Continued from page 1



Photographed during rehearsal are Ontario Ballet Theatre members Sebastien Sanscartier, Nathalie Frankl, Vladimir Iablokov, and Eva Draw.

ballet is a highly athletic form, with movements and lifts that reminded this writer of the best of pairs figure skating.

Yes, Annabel permitted later. Ballet dancers do not normally go into figure skating. But "the skaters do a lot of ballet."

The Artistic Director of the Ontario Ballet Theatre, Sarah Lockett, runs the Ontario School of Ballet, at the same address as the Ontario Ballet Theatre - 1133 St. Clair Avenue West, Toronto. A student would have to stay in Toronto for this ballet training. Inquiries are welcomed.

The second work was a blend of styles from the International Dance Theatre and the Ontario Ballet Theatre.

The audience - adults and children - sat in rapt fascination for

this and the other three acts.

The Tribute to Fellini, third presentation of the evening, had many elements of Mime, and made the audience giggle and laugh several times.

The fourth piece, "Entre November et Moi" showed the liquid movements of the dancers, which has made Ballet famous.

The Ontario Ballet Company has 11 dancers: 6 principal dancers, and the rest apprentices.

All 6 principal dancers were on the stage at Bancroft:

* Yann Boudreaux, from France;

* Eva Draw, who has performed in Moscow;

* Nathalie Frankl, from Calgary;

* Laura Helsel, with experience in Britain and the U.S.A.;

* Vladimir Iablokov, trained in Leningrad (St. Petersburg);

* Sebastien Sanscartier, trained at Ryerson, and in Winnipeg.

"This is not a bad stage," Annabel told the audience, as she re-

lated some adventures with various stages.

She also referred to the children's and school programs of the Ontario Ballet Theatre.

The company stayed in Bancroft after the performance as the guests of the Sword Best Western Motor Inn.

Family Coalition Party

By Stewart Smith

When reporting, in the last Courier, on the visit of Family Coalition Party provincial leader, Don Pennell, to Bancroft, we realized that we could not name an F.C.P. contact in Victoria-Haliburton.

Don Pennell's office has, since

then, contacted us with the missing name.

Contact person in Victoria-Haliburton for the Family Coalition Party is Brad Medd, at telephone 705-8877-5168.

Contact person in Hastings-Peterborough is Willi Kutschrutter, of St. Ola, in Limerick Township.

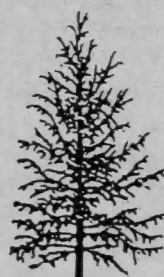
Governor General's "Persons Award"

Tamarack Women's Resource Centre

The Governor General is accepting nominations of women who have made lifelong contributions to improve the equality of women in Canada for the "Persons Award".

This was first given in 1979, to mark the 50th anniversary of the Persons Case which gave women the right to be appointed to the Senate. Application forms are available at Tamarack Women's Centre. Nomination deadline is May 15, 1995.

The Governor General's Award in Commemoration of the Persons Case is presented at a ceremony in Ottawa each fall. It is an engraved medal representing the 'famous five' suffragettes who fought for women's rights to be legally defined as 'persons'.



After a lengthy campaign by Nellie McClung, Emily Murphy, Louise McKinney, Irene Parlby, and Henrietta Muir Edwards, the British Privy Council granted Canadian women the new status on Oct. 18, 1929. Before that time, women were barred from the Senate along with children, criminals and the insane!

Eighty-six women have won the award to date including a Quebec women's suffrage worker, an aboriginal woman's rights activist, a champion of black women, a dedicated nurse and the Honourable Florence Bird who Chaired the Royal Commission on the Status of Women.

Candidates must be over 55 years old. They must also have worked much of their lives to promote the equality of women in Canadian society within organizations or in their communities and advanced the cause of women as 'persons'. Groups do not qualify and there are no posthumous awards.

To obtain application forms, call Tamarack Women's Centre at 613 332-1878.

Cardiff Township Recreation Committee

by Ann W. Smith

The Recreation Committee of Cardiff Township was very disappointed at the poor turnout for the public meeting they called for Saturday March 25 at the township's Fire Hall No. 2 on Highway 28.

The Recreation Committee has made plans to set up a

Recreation Centre for the south end of the township.

The Township Council passed a resolution to have an outdoor shelter built that can be used for community activities such as Craft Shows. This will be a concrete pad with a roof and some kind of walls for windy or rainy weather. It will be built on the property north of the Fire Hall and Log House Information Centre. This can be paid for with infrastructure money and the use of volunteer workers.

A necessity for which the Council passed a resolution, and the Com-

mittee hopes will be a reality very soon, is a good drilled well.

The Recreation Committee strongly urges the people of Cardiff Township to give them input as to what kind of activities they would like to have in the Recreation Centre.

Some ideas they have already include Craft and Bake sales on the long weekends thus utilizing the fabulous creative talents that so many people in the area have.

The outdoor shelter can be used for these as well as for shuffleboard and for Flea

Markets.

The indoor meeting room can be used as a drop-in centre, for a book exchange, card games and meetings such as Boy Scout and Girl Guide organizations.

Bill Davis suggested that young people in the community could be taught crafts using the Centre's facilities. Thora Robinson agreed that many of the local crafts people would be very willing to pass on their skills. John Robinson set aside a day to show kids how to make decoys. He was impressed by their interest and ima-

gination.

A resolution was passed at this public meeting for the funding to erect a building for recreation purposes and to put a rush order on the drilling of a new well.

The people on the Cardiff Township Recreation Committee are Ross Covington, Helen McIntyre, Susan Palmer, Dale Shannick and Thora Robinson.

The members of the sub-committee for the south end of the Township are Bill Davis, Gerald and Annette Deyell, Jerry Luczynski, and John and Thora Robinson.

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Legion Zone Public Speaking Finals Held in Bancroft



Grade 9 & 10 contestants Cindy Lonsberry (Bancroft), Patrick Brown (Peterborough), and winner Christopher Pothaar (Harcourt) are congratulated by Legion Zone's Joan Hamilton.

By Stewart Smith

"Consider the foods for various festivals," suggested Megan Newell, of Roseneath Centennial School. "You can almost gain weight just looking at it." She concluded, "Food is the centre of social activity." Then she left the platform eating an apple.

Megan Newell was one of 33 contestants in the Legion Zone F-5 Public Speaking contest, held in the Bancroft Legion Hall, on Sunday afternoon, March 26.

This brought together students from a large area of east central Ontario. They had been selected by 14 Legion Branches in Zone F-5, and had each won first place at a Branch level contest.

Youth Education Chairman for the Zone, Joan Hamilton, was M.C.

"It is difficult, because they're all so good," commented Kathryn Stringer, of Bancroft, one of the three judges. The other judges were Cheryl Edwards and Leslie Hunt, also of Bancroft.

Also so varied

were the topics and the approach to them by the speakers!

First place winners from Zone went on to the Legion District Public Speaking Contest, in Brighton, on Sunday, April 2.

GRADES 1 - 3

This was called, Story Telling, although it was much like the speeches of the older students.

* I place winner was Megan O'Brien, of St. Joseph School, Warsaw, with her story of "the most beautiful white kitten" she received as a birthday surprise. On a more sombre note, she dedicated the presentation to her father, who died two years ago.

* II place went to Druid Hardie, of Havelock, who presented a revised narrative of the three pigs.

Others were: * Katie Hoenselaar, Peterborough, on Dogs. * Ellis Brittany, of Cardiff Elementary School, with the story of a stuffed animal, Velvet, who came to life.

* tiny Trish Van-

ier, of Wilberforce Elementary School, on cats and kittens.

* Jessie-Lee Trudeau, of Roseneath. She was one of the few speakers who could not be heard well at the back of the hall.

GRADES 4 - 6

* I place went to Hannah Hogan, of Northshore P.S., Otonabee, with a dramatic presentation on "Acting." * II place went to Ashley Rogozinski, of Lakefield, describing school, including bus drivers who are "too excitable. A little bit of noise, and they lose their cool."

Other speakers were:

* Laura Quinn, Our Lady of Mercy, Bancroft, with her summer holiday in France.

* Peggy Assinick, Apsley, who described her own struggle with Spina Bifida.

* Sarah Lazure, of Peterborough, on

See page 11

LOCAL P.C. ASSOCIATION GEARS FOR ELECTION

Hastings-Peterborough P.C. Assoc'n

Local Tories, expecting a provincial election later this spring or early fall, met Wednesday, March 29th, to hear P.C. Candidate Harry Danford outline the P.C., Mike Harris Common Sense plan for economic recovery in Ontario and to review their general organization including their poll workers in the North Hastings and North Peterborough County areas.

Harry Danford in his remarks stressed that the 30% reduction in Provincial income tax rate was really good news for the average Ontario family because it

would give the family the equivalent of a 13% raise. "The only one they are likely to get in these tough economic times."

Danford further explained that the 13% raise could mean as much as \$170.00 a month more for the family to keep and spend as it pleased. Critical of runaway government spending, Danford remarked that, "If the government takes the money from the taxpayer, it would likely spend it on more of its pet projects and generally waste it!...That same money when kept and spent by the family on their needs would stimulate the economy and create private

sector jobs."

Recognizing the concern that a 30% reduction in provincial tax rate could mean a loss in government revenue of an estimated 4 Billion dollars over three years at a time when everyone is concerned about yearly deficits and balancing the budget, Danford reminded the audience that linked with the reduction in revenue is an even larger reduction in government spending estimated to be approximately 6 Billion. This would help eliminate the deficit and permit a bal-

anced budget in the fourth year.

"Another way to look at the cuts," Danford said, "is to remember that for every \$1.000 cut in government revenue there is a \$1.50 cut in government less essential spending." "It is important also to remember that every one of

See page 9

Easter Greetings
from
Donna's Hair Dressing
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Story Telling (Grades 1 to 3) contestants.

St. Patrick's Dinner & Dance at Wilberforce Legion

Sixty-seven (67) people sat down to dinner in the Wilberforce Legion Hall, on Saturday, March 18. They were participating in the St. Patrick's celebrations of the Legion Branch.

Dinner was prepared and served by the Legion L.A., supervised by Betty Hall and Ethel Scott. Guests were treated to

ham, beans, scalloped potatoes, coffee, tea, and cake for dessert.

The Legion Branch made arrangements for the dance, which followed, later in the evening.

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Monmouth Carnival

Continued from page 1



Guest skater Amanda Caldwell.

There was Assistant Coach Thera Simioni, from the Haliburton Figure Skating Club.

There was Guest skater, Amanda Caldwell, from the Bancroft Skating Club. She is 16, and has her Senior Silver.

There was half-time entertainment by Kathy Walsh and Lynda Whitefield. Later Head Coach Lana Schultz, and Executive Coach Lynda Whitefield skated a duet.



Cindy Vaughan

PHOTOS AVAILABLE

Do you want a copy of a photograph you have seen in the Cardiff Courier (not the photos in ads)? Or have you seen the staff take a photo for the newspaper? COLOUR PRINTS CAN BE MADE AVAILABLE TO YOU. \$2.00 per photo

These were in addition to the numbers presented by the Skating Club members, from Beginners and Elementary, to Basic, to Novice I and II, and Novice III and IV, to the Seniors.

The Monmouth Skating Club has some 60 skaters. "This is just a recreational club," Lynda Whitefield quickly adds. The Club has chosen not to join the Canadian Figure Skating Association.

President is Cindy Ablett.

Secretary is Gail Alden.

Treasurer is Joanne Vanier.

The theme of the Carnival was "Travel through Time." Elaborate costumes gave us

- * dinosaurs hatching out of eggs;
- * cave women;
- * North American Indians;
- * cowboys;
- * the roaring 20s;
- * the hard times people have known too often;
- * a sock hop from a few decades ago;
- * hippies;
- * present day people enjoying the summer;
- * robots; and
- * U.F.O. aliens.

In all these colourful costumes skaters of every level skated, and

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Kenny Ablett's Team All Ontario Champions

By Norma Jordan

After winning a gruelling and exhausting series with Oshawa, the Central Ontario Wolves travelled to Niagara Falls on March 17 to begin a three day round robin tournament to determine who would be the All Ontario Champions.

The teams at the tournament were from Niagara Falls, Barrie, St. Catharines, Burlington, and Central Ontario.

By Sunday, everyone had been eliminated but St. Catharines and the Central Ontario Wolves. The format was two games to be played that day with total goals determining the winner.

The Wolves lost the first game 4-2 and so were at a disadvantage going into the second game. St. Catharines scored two more goals in the first and Dan Jordan, from Minden, scored one.

In the second period, Michael Hamilton, from Port Perry, scored two more goals for

danced.

The highlight of the evening was as real as it was unrehearsed - by the club. Don Watson took Lana Schultz aside, and, in front of everyone, proposed to her. Yes - she accepted! The wedding day has not yet been set.



Executive Coach Lynda Whitefield

the Wolves; and Cannington's Corrie West scored another.

Now the game was tied at 6-6.

There was end to end action during the third period but the score remained tied. Now there would be a ten minute overtime period.

With about three and a half minutes left in overtime, Minden's Dan Jordan wired in the winner from a beautiful pass by Ken Ablett, of Wilberforce. With about fourteen seconds left in the period, Cannington's Corrie West fought his way to put in the empty netter, making a most ex-

citing win of 8-6.

This was truly a team effort of hard work and ultimate determination. The incredible coaching of Rob Bonis made the boys believe in themselves. Even though many inflections could have been called, this was a penalty free game with the referee letting the boys determine the outcome.

Congratulations go to our three local boys who contributed to the success of the team:

* Nick Kulas, who was in the face of St. Catharines' 200 lb. defenceman all game and test-

ed the goalie many times;

* Ken Ablett, who is a tenacious checker and skillful playmaker; and * Dan Jordan, with his fast skating and scoring contributions.

The Wolves now have the privilege of playing in the prestigious Household Cup in Arrprior during the first week of April. They will play against the elite from the Metro Toronto Hockey League, the Northern Ontario Hockey League, Thunder Bay, and the Ottawa Region. Congratulations and best wishes to the boys at this event.

Emergency Department Procedures

Continued from page 3

(3) Deferrable.

Condition does not require the resources of an emergency service; referral for routine medical care may be needed; disorder is non-acute or minor in severity. Medical care may be provided at physician's office.

"People without a Family Doctor"

Those who require medical advice or medical treatment are asked to call the hospital and the on-call Doctor will see those requiring a Doctor.



Novice I & II in "Sock Hop"

Procedure:

When a patient calls the hospital or physically presents to the hospital, they will be asked if it is an emergency (life threatening) so a contact health care professional can assess and determine urgency.

In the past most patients were seen by a physician.

NOW patients that are classified emergency or urgent will be seen by a physician. Those non life threatening problems will be deferred after receiving the appropriate advice from a health care professional (Registered Nurse) and be instructed to make an appointment with their physician.

During the hours that physicians' offices are closed, for example: 5 p.m. to 9 a.m. and weekends, the physician on call will see urgent patients at the hospital during the following hours:

ON WEEKENDS
10 am to 12 noon
2 p.m. to 4 p.m.

DURING EVENINGS
7:30 pm to 9:30 pm

For life threatening cases, a physician will be on call and can be reached by the nursing staff whenever required.

Emergency care is essential to Bancroft. We will need a team effort to ensure it remains an available service for our community.

"Healthy Eating" Tour of I.G.A.

Continued from page 5

would help cut down on total fat in the diet.

Legumes such as beans, chick peas and lentils are high in fibre and low in fat. Check label on cans for fat and salt. The dried product may be better.

Salt substitutes have potassium in place of sodium so ask your doctor before using them.

Pastas are usually enriched with B vitamins and iron and are a good source of fibre. Whole wheat pastas are becoming more common.

Susan Martin had gathered several leaflets with nutrition advice and recipes. Each person on the tour was given these in a folder from the Heart and Stroke

Foundation of Ontario. It included Canada's Food Guide and a list of cook books. The leaflets help to add to the basic knowledge gained in the 1 1/2 hour tour.

The address of the Heart and Stroke Foundation is 314 Pinnacle St. Belleville, K8N 3B3, phone (613) 962-2507.

Eric Genuis in Concert at Messiah Christian Academy



of the Unforgiving Debtor (Matthew 18: 23-35). "We always have this chip on our shoulder of remembrance," Eric noted, and then sang, "It's time I saw life through your eyes, And saw the pain in your sighs."

Eric Genuis has produced 2 tapes: * Last in Line, 1 1/2 years ago; and * No Greater Love, 3 weeks ago. "I'm my own publishing company," he adds. But the tapes or CD's can be purchased from John Henry Westen, at 705-448-2546; or 613-332-4832.

The title track of his second CD has been played as a love song on a commercial radio station in Toronto. The deeper message of the song is the Covenant with God which is basic to the marriage.

Eric's song of dedication is, "Lord, I know you more today than yesterday...God's truth is the only truth. Why would I follow anything else?"

This was a benefit concert for the Messiah Christian Academy. This school, and Network International, are a registered charity. Artist David Alexander Risk is donating prints of a mailbox and birds, with the customer's name on the box. These are \$25 per print.

John Henry Westen tells of a recruiting drive in local schools, encouraging graduates to continue their Education (Junior High or High School) at the Messiah Academy. These senior grades, he maintains, are a strength of the school.

By Stewart Smith

"When I feel afraid I need to know You're right beside me," he sang. "It seems I turn away when I need You in a special way."

The singer was Eric Genuis, of Toronto, in concert in the Messiah Christian Academy building (former Martin Lumber head office), north of Harcourt, on Friday evening, March 31.

Eric Genuis is a dedicated Christian, and a Mathematics teacher in St. Margaret's High School, Pickering.

He sees a career change coming, as his music is taking more of his time, and will become a full time career.

He completed a musical tour of Saskatchewan and Alberta in March. He will be going

to Europe in July, and singing in France, England, Italy, maybe Austria - and Malta, birthplace of his parents.

"You must learn to give all you have...You must learn to be 'Last in Line'," he sang to the 100 people present.

The concert was in the Atrium of the former Martin building. The audience sat around two sides, with Eric in a garden of plants in the centre. It was a lovely setting, marred only by an unnecessary microphone, which distorted otherwise great sound.

Eric first explains each song. Then he accompanies himself on the piano, and sings in dramatic style.

He writes all his own material, relating his work to Scripture.

One song was based on the Parable

Hospital Auxiliary Donates Money to Sterilizer



Betty Harrison, President of N.H.D. Hospital Auxiliary, presents cheque for sterilizer to Administrator Donna Robinson. Other executive members are Margo Smith, Nancy Laymann, Hazel Millage, and Rae-anne Reynolds.

by Ann W. Smith

The North Hastings District Hospital Auxiliary met in the evening on Monday March 13 with 14 members and special guest Donna Robinson, Hospital Administrator, present.

Mrs Robinson had 2 happy duties to perform. She accepted a cheque from the Auxiliary for \$5,000 to be used toward the purchase of a new and larger sterilizer for the Hospital. This was presented by Auxiliary President Betty Harrison.

The second duty was the installation of the new executive of the Hospital Auxiliary.

Betty Harrison is continuing as President with Hazel Millage as Past President. Rae-anne Reynolds continues as Treasurer. New to the executive are Margo Smith as Secre-

tary and Nancy Laymann as 2nd Vice President. The first Vice President is yet to be chosen.

After opening the meeting Harrison asked everyone to remember Emily Cardiff a member who died recently.

Public Relations convener Hazel Millage reported on plans for the June meeting which will be a dinner catered by Bruce Kellar at the Curling Club. The speaker will be Gordon Allen, chair of the Hospital Equipment Fund Raising Committee.

The 10th Anniversary supper of the Auxiliary will be in October with Marion Brown, Chair of Region 8, as the guest speaker.

Mona Bentley read a letter from Betty Lambeck, President of the N.D.P. Hastings-Peterborough Riding Association.

Lambeck suggested that 3 members of the Auxiliary could raise money by acting as enumerators or Deputy Returning Officers when the Provincial election is called.

Norma McCormack reported that sales at the Opportunity Shop were down during February. She also reported that the sign was stolen! A new stationary sign is being prepared and will be mounted soon.

In reply to a question about Cuddle Caps for new born babies, Donna Robinson said that the hospital's supplies have been used up and more are needed. They help keep the new borns warm

See page 10

Easter Greetings

from
Don & Ann
Harcourt.
448-2322

Harry Danford & P.C.'s

Continued from page 7

these dollars that the government left in the pockets of family members can now be spent by them in a better way that stimulates the economy and helps create longer lasting private jobs."

Danford concluded his remarks emphasizing that, "Common sense tells us that increased family income and reduced government spending linked

together will do the most to stimulate the economy and provide the extra jobs we desperately need in Ontario. It could mean as many as 725,000 new jobs over four years.



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Chamber of Commerce Gives Money to Snowmobile Clubs



Back row: Sharon Holman (Chamber of Commerce), Ron Hadley (Old Hastings Snow Riders), Tom Scott (Maple Leaf Snow Skimmers). Front row: Stephen Gilmour (Opeongo Snowbirds), Bob Lumbard and Walter Rohrer (Paudash Trail Blazers), Dan Freymond (Chamber of Commerce).

By Stewart Smith

It was a happy task. On Monday, April 3, the Bancroft and District Chamber of Commerce presented money to the four neighbouring snowmobile clubs.

The money had been raised by the annual "Win a Winter Dream Package" raffle. 1st place winner this year was a woman from Callander, near North Bay.

The proceeds from that raffle allowed the Chamber of Commerce to present a "generous" cheque to each of the four snowmobile clubs.

Dan Freymond,

Chairman of the Snowmobile Committee, presented the cheques, while Chamber of Commerce President, Sharon Holman, looked on.

The Paudash Trail Blazers Association was represented by Board Members Bob Lumbard, and Walter Rohrer.

The Maple Leaf Snow Skimmers were represented by their President, Tom Scott.

The Opeongo Snowbirds, of the Barry's Bay area, were represented by their President, Stephen Gilmour.

The Old Hastings Snow Riders were represented by their President, Ron Hadley.

Preparations are already being made for the "Win a Winter Dream Package - 1995." Tickets will go on sale at the Home Show in Bancroft, in June, 1995.

Easter Greetings!
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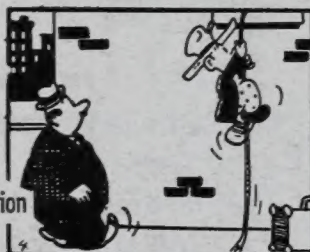
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Simba and Timon Visit Bancroft I.G.A.

By Stewart Smith

Simba and Timon visited the Bancroft I.G.A. on Saturday, April 1. They and their people were in a fenced enclosure, in the I.G.A. parking lot, near the main doors to the store.

The creatures, a Lion and a Meerkat (like a mongoose) have been made popular again through the Disney film, The Lion King. They were at the Bancroft I.G.A. as part of the Lion King promotion,

sponsored by the Bancroft I.G.A. and Coca-Cola.

This Simba and Timon come from the Jungle Cat World Zoo, near Orono. On 19 acres of land the Zoo provides a home for wild animals, and education for the general public. The Zoo is open 7 days a week now, from 11 a.m. to 5 p.m.

The Jungle Cat World is also famous for its educational tours, "Speaking of Wildlife."

"We're here to enlighten people, and educate them,"

Bancroft I.G.A. explains Dale Gienow.

Simba is an 8 month old lion cub, born in the Jungle Cat World on August 1, 1994. His mother was old (20 years), and could not care for him. So Dale Gienow and Jodi Mothersill, who both accompanied him to Bancroft, raised him from a kitten - er - cub. Simba weighs 70 lbs. His father weighs 550 lbs. Timon, the Meerkat, was born in the Toronto Metro Zoo.

Bicroft Council

Continued from page 2

Drawings are available at the Municipal office. Construction will be between the 1st of May and the 1st of July.

There should also be Infrastructure money left over to insulate the Garage.

RECREATION FIELD
Council approved advertising signs at the back of the ball field. The signs would remain the responsibility of the advertiser, who would rent space by the square foot.

DYNO ESTATES
Councillor Gary Simmons reported on plans for water service to the front of homes (not the back) in Dyno Estates. 14 homes are involved in this change, which includes a new pumping station and new distribution.

MONIES
Council was told

that the Fire Truck had sold for \$700.

Councillors also mentioned their \$180 quarterly payment to the Community Policing Committee.

SANITATION
Councillors were told of a National Sanitation Program meeting, for people in food services, in Haliburton, on Tuesday, April 11.

BILL 163
Council unanimously endorsed a Brampton resolution protesting the "Disclosure of Interest Double Standard," which is far harsher for municipal politicians than for M.P.P.'s.



Jodi Mothersill holds Simba, who is used to 20 hours' sleep a day, and is tired. Dale Gienow talks to visitors.

Hospital Auxiliary Gives to Sterilizer

continued from page 9

since much of the body's heat is lost through the head. The babies have come from a warm, protected

environment and need to be kept wrapped and warm to feel safe.

Nurse Debora McGrath came briefly to invite the auxiliary to join with the staff in organizing a fashion show. The money raised would be used for the equipment fund. Everyone agreed this would be a great idea and tentative plans

were made. Other fund raising projects included a quilt raffle and the sales of the Hospitality Cook Book.

Harrison announced that the Region 8 Spring Conference will be in Napanee on Wednesday April 26. This is open to all members. She recommended these conferences

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SERVICES

Oil, filter and lube on most vehicles, \$24.95 at Whispering Pines, Highway 28, south of Paudash.
Hand car wash also available.
613-339-2325.

WANTED

North Hastings Community Cupboard is looking for a permanent home, preferably in Bancroft.
Phone 332-4224 (daytime) or 332-2945 (evenings).

EMPLOYMENT WANTED

Carpenter and Renovator wants to work for a Contractor. Call Rob Elstone. 613-339-1410.

NOTICES

Haliburton County Home Support Services presents, "A Breath of Scotland", the best is Scottish entertainment. One show only - April 24th at 7:30 p.m. in Haliburton Highlands Secondary School. Advance tickets \$10 (Seniors and children); and \$12. Door tickets: \$12 and \$15. Tickets available at Barr's General Store and cottages, Gooderham; Don & Ann's, Harcourt; Cardiff Corner Store, Cardiff; Wilberforce I.G.A., Wilberforce.

Legion Zone Public Speaking Contest

Continued from page 7



Grades 7 - 8 contestants in the Legion Zone Public Speaking Contest.

tricks - "ruses for good purposes only."

* Meghan Newell, Roseneath, about Food.

* Karla Turney, of Millbrook, on Firsts: "This is the first time that you have heard a speech on 'firsts'."

* Sarah Fowler, of Norwood, on Violence.

* Meghan Foulds, of Cardiff Elementary School, explaining the joys and tribulations of having her mother as her teacher.

* Daniel Vanier, of Wilberforce Elementary School, who described Arachnids, concluding, "Spiders are our friends. Please don't kill them."

* Ashley Jewett, of Warsaw, on the Dummer (Township) Municipal Telephone Service.

* Amy Van Will, of Norwood, on Dreams.

GRADES 7 - 8

* I place went to Mary Millage, of St. Martin's, Ennismore, who wrestled with the complicated problems of Mercy Killing.

* II place went to Melissa Quinn, of Our Lady of Mercy School, Bancroft, who described the tribulations of babysitting.

Other speakers were:

* Paige Armstrong, of Apsley, on basketball player "Shack" O'Neil.

* Darryl Whittington, of Otonabee,

on his experiences growing corn.

* Thelma Hickey, of Warsaw, on the Computer.

* Amber Chilcott, of Roseneath, on the healing processes of blood.

* Michelle Cook, of Cardiff Elementary School, on famous women, from Laura Secord, to Emilie Murphy, to Nellie McClung. Their goal and hers: "to enjoy being known as a person - not just a woman."

* Lori Ann Hoar, of Millbrook, reading the mind of her cat, Mollie.

* Kate Dueck, of Norwood, on the Holocaust. Her speech deserves additional publication.

* Robert McGarth, of Peterborough, on the TV and other remote con-

rols.

* Brent Forsyth, of Havelock, on the Black Donnellys of south west Ontario.

GRADE 9 - 10

* I place went to Christopher Pothaar, of Messiah Christian Academy, Harcourt. He explored various ways to deal with the mounting garbage problem. Perhaps we can print his speech, in serial style, in future issues of the Courier.

* II place went to Cindy Lonsberry, of Bancroft Christian Academy, telling of her enjoyment of Science Fiction.

The other speaker was

* Patrick Brown, of Peterborough, who announced, "I enjoy Nature."

**TELECARE
BANCROFT**
has returned to
332-2000

CHURCHES

*Highland Grove
Reformed Church*
SUNDAY - 11:30 a.m.

Pot Luck Lunch - First Sunday of Every Month

**Mid Week Bible Study
Wednesday - 7:00 p.m.**
at home of Don Waterhouse
Phone 448-2351



ANGLICAN

PARISH OF NORTH HASTINGS

The Rev'd D.A.P. Smith, Priest & Rector
P.O. Box 92, Bancroft
332-3662 332-2622

Sundays:

7:45 a.m. - St. John's, Bancroft
9:15 a.m. - Holy Trinity, Maynooth
10:00 a.m. - St. Michael's, Coe Hill
11:15 a.m. - St. John's, Bancroft

Come and worship with us.

MARK YOUR CALENDAR

Saturday, April 15. Deadline for Advertising is the next Cardiff Courier/Bancroft Courier.

Thursday, April 20. Distribution Day for the next Cardiff Courier/Bancroft Courier.

Saturday, April 22, and

Sunday, April 23. Annual Camp Can-Aqua Maple Syrup Festival. 9 a.m. to 4 p.m. both days.

Monday, April 24. "A Breath of Scotland" Scottish entertainment. Haliburton Highlands Secondary School, Haliburton. 7:30 p.m. Sponsored by Haliburton County Home Support.

Friday, May 19 to Monday, May 22. Open House at Whispering Pines, on Highway 28, south of Paudash. See large display ad in this paper for more details.

Are You Tired of belonging to a **Secret Society**? For only \$3.00 per insertion (\$4 if we must mail a bill) you can announce your group's activities in **Mark Your Calendar**. Then they will be a secret no longer.

"KEEP THE FAITH" by CRAIG

CARL, YOU DID IT AGAIN!
...WHAT A SUPER IDEA TO
HAVE A "COME AS YOU ARE
PARTY!"



CHURCHES

You Are Invited To Worship At
the Bancroft Pentecostal Tabernacle
Highway 62N. (Box 1509) Bancroft Ont.
Ph 613 332-3616

Sunday:

9:00 a.m. "The Answer Broadcast" on CJNH 1240 Radio

9:45 Sunday School & Adult Bible Classes

11:00 Service of Praise & Worship

7:00 p.m. "Old Fashioned" Gospel Service

Tuesday:

7:30 p.m. Family Night - Bible Study & Prayer

- Youth Ministries & "Kids Klub"

(affiliated with the Pentecostal Assemblies of Canada)

Wilberforce
Full Gospel Church
Highway 121

Sunday Worship. 11 a.m.

Youth Group - Sunday, 3 p.m.
for transportation call Larry or Sue Ellison
(705) 448-3378

**Prayer and Bible Study
Wednesday - 7:30 p.m.**

Phone 705-448-3494
A Warm Welcome for Everyone

*May the Joy and Peace
of Easter*

Fill Your Hearts with Love

AGNEW'S
General Store
Wilberforce 448-2211

Wilberforce Legion Honours Public Speakers

Continued from page 1



Legion representatives Ethel Scott, Betty Hall, and Ross Hall literally stand behind their Public Speaking contest winners: Karl Klapow, Lillian St.Cyr, Laura Riley, Trish Vanier, Daniel Vanier, Nicole Forget.

tre, Wilberforce, on Monday, March 6. About 20 students spoke.

Judges had been Nancy Dunford, Kay Finlay, and Colleen Riley. Timekeepers had been Florence Taylor and Norma Walsh.

On March 20, Legion Branch President, Ethel Scott, opened the evening ceremony. Also representing the Legion Branch were Betty Hall (Youth & Education Chair-

man), and Ross Hall (Service Officer).

Winners were:

Grades 1,2,3 - Story Telling:

1. Trish Vanier (cats and kittens).

2. Gavin Swan (My Hockey Life).

3. Nicole Forget (Flowers).

4. Laura Riley (Flowers - wild and tame).

Grades 4,5,6 - JUNIOR

1. Daniel Vanier (Spiders).

2. Lillian St.Cyr (Teachers).

3. Emily Schwartztruber.

4. Karl Klapow (Our Trip to Florida).

Grades 7,8,9 - INTERMEDIATE

1. Christopher Pothaar (Garbage Disposal).

The First place winner in each category later went on to the Legion Zone Public Speaking contest, held in Bancroft on Sunday, March 26, and reported elsewhere in this paper.

Tupperware Party for Community Policing

Continued from page 1

Booklet. The total cost of the booklet will be \$900. The Community Policing Committee has received \$350 from the Prudential Life Insurance Co. to help pay for it.

The Committee earned 15% of the Tupperware sales or about \$60. That still leaves nearly \$500 to raise.

Karen Barchan was the Tupperware distributor who gave the demonstration.

She had samples of many of the products available and each person present was given a colourful catalogue that illustrated and described all Tupperware products. The

tal Wave. These can be used for storing and reheating foods.

Another line of products shown by Karen is "Just for Kids". These include toys for many kinds of activities. There is a tote box which can be used for carrying lunch or crayons and small games or toys. Everything is made of tough, durable material.

Karen emphasized that Tupperware has a full lifetime warranty on most of the products. These are guaranteed against chipping, cracking, breaking or peeling under normal domestic use and will be rep-

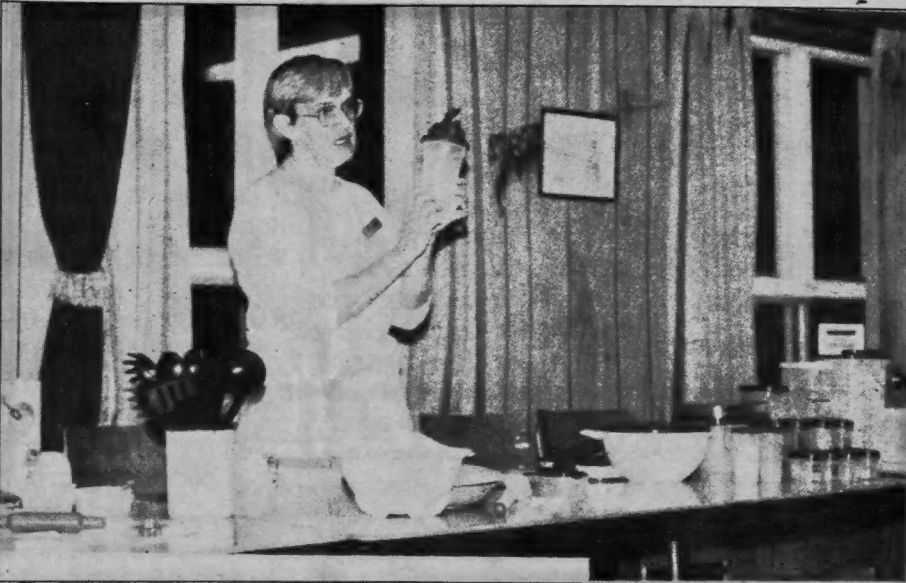
der.

The catalogue also showed items that the hostess of a Tupperware Party can earn.

The door prize, a Tupperware picture frame with spaces for 9 photos, was won by Klaske Werth of Hanover.

Karen Barchan now lives in Tory Hill and can be contacted by phoning (705) 448-2836.

The Bicroft-Cardiff community Policing Committee is beginning a 7 week PACT Program. This will be every Tuesday evening beginning on April 4 and will be at the Cardiff Municipal Office. Last year the PACT Program was held in Bicroft Township.



Karen Barchan of Tory Hill describes uses of the many products made by Tupperware.

containers of various sizes and types have lids which seal moisture either in or out depending on the food. All the foods stored in these sealed containers stay fresh for a good length of time. There are spice shakers, canisters and other storage containers in various shapes and sizes as well as cups, plates, servers and utensils for food preparation. There are interesting colours such as a deep blue, fiesta red and ivory rose.

Tupperware now has microwaveable items called Cry-

laced or a credit allowed. Other products have a Quality Guarantee against manufacturing defects. The Tupperware distributor will help you in these circumstances no matter how old the item is.

Karen Barchan's demonstration was short so that buyers could examine the items and the catalogue and decide what to or-

New Director: Haliburton Information Services

The Board of Directors is pleased to announce the appointment of Tiina Billings to Executive Director for the Haliburton County Information Centre Inc.

Tiina takes over from Doreen Hawman who has retired after many years of service to the centre.

Cameron Bonspiel

Continued from page 1

Curling Club team of:

* Fred Ridding,
* Elwood Brough,
* George Forsyth, &
* Gord Allan.

Fourth place (one game high) winner was the Wilberforce team of:

* Gary Stoughton,
* Max Walsh,
* Barry Danford, &
* Ken Ablett Sr.

A list of spons-

ors is on the wall of the Curling Club building.

The Monmouth Curling Club is looking forward to its Awards Presentations and Banquet, on April 22, in the Lloyd Watson Centre; and its Annual Meeting, in the Curling Club building, on April 27.

Monmouth Curling Club Hosts First Annual Business Bonspiel

From Notes by Jack Ward

The Monmouth Curling Club hosted the First Annual Business Bonspiel, in the Monmouth Curling Club building, on Sunday, March 12.

Twelve teams participated.

Jack Ward, organizer of the Bonspiel, and President of the Monmouth Curling Club, looks forward hopefully to a two day Business Bonspiel next year with 16 teams.

Many of the participants this year were new or novice curlers discovering the joy of the sport.

Winner (two game high) was the Ridgeview Restaurant team.

Second was the Lighthouse Restaurant team.

Third was the Schwandt Aggregate team.

Fourth (one game high) was Elephant Lake Lodge.

Fifth was Barr's Store (Gooderham). Sixth was The Bostonian Motel.

Other teams came from:

*Wilberforce IGA;
*Don and Ann's Place;
*Montage Real Estate;
*Dunford Heating;
*The All Star Restaurant; and
*Lewis Electric.

PAUDASH GENERAL STORE
*Grocery
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